

EVENT DESCRIPTION SHEET

(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.

 *Please provide one sheet per event (one event = one workpackage = one lump sum).)*

PROJECT	
Participant:	Local Government of Šibenik Municipality (Croatia)
PIC number:	950129648
Project name and acronym:	Reflexions on Local Resilience and Reactions to COVID-19 impact on Youth — RE-ACT

EVENT DESCRIPTION			
Event number:	D4.2		
Event name:	RE-ACT JOINT EVENT		
Type:	seminar		
In situ/online:	in-situ		
Location:	Šibenik Municipality (Croatia)		
Date(s):	26-27th May, 2023		
Website(s) (if any):			
Participants			
Female:	49		
Male:	21		
Non-binary:	n/a		
From country 1 - Latvia:	3		
From country 2 - Germany	7		
From country 3 - Spain	3		
From country 4 – Croatia	50		
From country 5 - Cyprus:	2		
... From country 6 - Netherlands:	3		
From country 7 - Romania	2		
Total number of participants:	70	From total number of countries:	7
Description			

Provide a short description of the event and its activities.

REACT's joint event to 'Peer to peer event of municipal officials/youth population on solutions to better shape cities responses' was held on 26th May 2023 at the Polytechnic od Šibenik, Croatia. The event started with a visit and encouraging words of support from Mr. Petar Misura, Head of Department for Economy, Entrepreneurship and Development of the City Council of Šibenik. Partners of the REACT project welcomed the opportunity to meet again and discuss policy guidelines for mental health programmes targeting young people in line with the policy axes identified during the implementation of WP3.

The meeting opened with a recompilation of the work carried by the partners until now. During this meeting, it was stressed the fact that every adolescent has the right to grow up to be a healthy and responsible adult, capable of participating in society and leading a happy life. Unfortunately, one in five adolescents after the COVID-19 pandemic suffers from at least one psychological problem. Today, young people and their families are often unable to find adequate treatment and support, partly because the quality and availability of Adolescent Mental Health Care does not meet the needs and demands of young people.

The REACT project responds to the urgent need for tailored, integrated, and multidisciplinary care for adolescents with mental health problems. Particularly, WP4 aims at creating an extended knowledge network among participating partners to develop policy guidelines and recommendations for municipalities to improve the care of adolescents with mental health problems, based on the knowledge acquired during the project, and promote these guidelines through the creation of a cross-sectoral collaborative network.

During this event, a plenary discussion was held to share reflections, views and ideas on mental health care programmes in Europe. The workshop was attended by all REACT's partners stakeholder groups (policy makers, experts, practitioners and young people), and focused in discussing and formulating the recommendations to be included in the final guideline with the aim of supporting policy makers (macro level), services (meso level) and professionals (micro level) who want to improve Adolescent Mental Health Care in their municipalities.

Specifically, the overall objective of the meeting was:

- collecting the latest and most relevant information, ideas and insights on Adolescent Mental Health Care in four municipalities.
- the development of guidelines and recommendations for governments and services to improve their services.
- the establishment of an innovative cross-sectoral collaborative network of European municipalities in the field of ASMA.

The document containing the summary of the main ideas gathered in the framework of the REACT is submitted to the EC.

The event closed up with two very interesting interventions:

- Research presentation by Amsterdam titled "Change Your Brainzzz". The study focuses on expanding knowledge of how participatory systems methodologies can be applied to design a comprehensive approach that promotes sleep health. It aims to explore the intricate connections between various factors and systems that influence sleep, with the goal of developing effective strategies for improving sleep quality and overall mental well-being for young people.

- Research presentation, titled "Uncertain Times," brought by a young association based in Pro Arbeit – Kreis Offenbach. This consisted of a 10-minute social theatre production followed by a discussion that explores the mental health difficulties faced by young people during the COVID-19 pandemic. Specifically, the play focuses on the theme of uncertainty and loss of control, highlighting the impact it has on the young people.

Our special thanks were extended to youngsters from different nationalities participating and supporting the event by providing essential recounts of their experiences throughout the COVID-19 pandemic.

This work package concluded with a visit to the Adolescent Resource Centre in Riga on the 17th of February where REACT partners had the opportunity to gain further knowledge on adolescents' perspectives regarding the effects of the pandemic on their mental health and well-being.

On the 27th of May, partners visited the Incubator for new technologies and entrepreneurship – Trokut. Trokut Sibenik is a place for coworking and office space, for education and retraining, a place for entrepreneurship and strengthening the entrepreneurial and IT community. Considering that Trokut Sibenik launched a digital NEET academy during the pandemic, which has been training young people for attractive jobs on the labor market for the third year in a row, Sibenik wanted to introduce the project partners to all the advantages that this academy provides.

The NEET Academy is intended for young unemployed people who are not in the education system. It is focused on the creation and improvement of analytical and logical, presentational and communication skills in IT professions (Data Scientist, Business Analyst, Full Stack Developer). After completing the education programs, the participants of the NEET academies successfully changed their profession and got a job in the areas of the IT sector.

Sibenik considered the visit to the Trokut Center and the presentation of the NEET Academy to all partners important, considering that it is an excellent example of developing entrepreneurship skills to assist young people to access the labour market, as a strategy for mental health care.

HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	01.04.2022	Initial version (new MFF).