

## EVENT DESCRIPTION SHEET

*(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.)*

 Please provide one sheet per event (one event = one workpackage = one lump sum.)

PROJECT	
<b>Participant:</b>	AYUNTAMIENTO DE MURCIA
<b>PIC number:</b>	983820173
<b>Project name and acronym:</b>	Reflections on local resilience and reactions to the impact of COVID-19 on young people (REACT)

EVENT DESCRIPTION	
<b>Event number:</b>	6
<b>Event name:</b>	Debate with EU institutions : The Future of Europe participation
<b>Type:</b>	Conference
<b>In situ/online:</b>	in-situ
<b>Location:</b>	Murcia, Spain
<b>Date(s):</b>	1st and 2 <sup>nd</sup> of December of 2023
<b>Website(s) (if any):</b>	
Participants	
Female:	43
Male:	15
Non-binary:	1
From country 1 [Murcia]:	43
From country 2 [Amsterdam]:	3
From country 3 [Athienou]:	2
From country 4 [Suceava]:	3
From country 5 [Pro-Arbeit]:	Unable to attend due to flight cancellation
From country 6 [Torino]:	3
From country 7 [Sibenik]:	1
From country 8 [Kekava]:	4

Total number of participants:	59	From total number of countries:	7
<b>Description</b>			
<i>Provide a short description of the event and its activities.</i>			
<b>Introduction</b>			
<p>The REACT project recently reached a significant milestone with the formal presentation of a decalogue of policy recommendations stem from the collaborative efforts of 8 European municipalities. The culmination of extensive research and collaboration, the event aimed to address the pressing issue of mental health among young people, specially after the impact of COVID-19 pandemic. Held in the presence of European and local representatives, various organizations, and young individuals, the event aimed to raise awareness, foster dialogue, and advocate for tangible policy changes.</p>			
<b>Event Overview</b>			
<p>The main presentation event took place in Murcia city on the 1st of December. The venue provided an inclusive space for engagement and dialogue, reflecting the project's commitment to diverse perspectives. The event welcomed a diverse audience, including European and local government representatives, mental health organizations, educators, and most importantly, young people. This diverse group contributed to a rich exchange of ideas and experiences, fostering a comprehensive understanding of the challenges and potential solutions related to youth mental health.</p> <p>Representatives from each partner municipality took the stage to present the comprehensive policy recommendations derived from the project's research and collaborative efforts. The presentations were structured to provide a thorough understanding of the multifaceted aspects of youth mental health, including risk factors, preventative measures, and strategies for support.</p> <p>The presentations emphasized several key themes, including destigmatizing mental health, enhancing accessibility to mental health services, integrating mental health education into curricula, and promoting community-based support systems. The recommendations were grounded in evidence-based research, ensuring their relevance and effectiveness in addressing the unique challenges faced by young people.</p> <p>To foster engagement and dialogue, the event featured interactive sessions, including panel discussions and Q&amp;A sessions.</p>			
<b>Outcomes</b>			
<p>The event's outcomes were multifaceted and impactful:</p> <p><b>Policy recommendations adoption:</b> European and local representatives expressed their commitment to considering and, where applicable, adopting the presented policy recommendations. This marked a significant step toward implementing concrete changes to support the mental health of young people. All partners have signed a Memorandum of Understanding as a reflection of this commitment.</p> <p><b>Networking and collaboration:</b> The event facilitated networking among organizations and stakeholders, fostering potential collaborations for future initiatives related to youth mental health.</p> <p><b>Increased awareness:</b> The event raised public awareness about the importance of prioritizing youth mental health, ensuring that the broader community is informed and engaged in the ongoing conversation.</p> <p>Young people had a prominent role. On the 2<sup>nd</sup> of December, a group of young people representing 3 different youth organizations, shared their personal experiences and insights. This interactive format allowed for a dynamic exchange of ideas, ensuring that the policy recommendations were not only informed by research but also by the lived experiences of those directly affected. Young people felt empowered and heard, with their experiences contributing directly to the policy recommendations. This empowerment was crucial for dismantling stigmas and promoting inclusivity in mental health</p>			

discussions.

### Conclusion

The presentation event was a resounding success, signaling a collective commitment to address the challenges faced by young people. As the recommendations gain traction and are implemented, the collaborative efforts of the eight partners will leave a lasting impact on the mental well-being of the next generation across Europe. This event serves as a model for effective collaboration and advocacy in the realm of mental health policy development.

HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	01.04.2022	Initial version (new MFF).